PLAN YOUR VISIT

HOW TO PLAN YOUR VISIT

We understand that traveling for medical treatment may seem overwhelming and we want to make your travel journey as easy as possible. Below you will find some information that might be of use during your trip planning.

Please reach out if you have any questions **435-227-4355** or **office@restorebioclinc.com**.

We will do our best to assist with your trip planning needs.

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HOW TO TRAVEL TO ST. GEORGE UTAH

You can certainly drive, fly or take a bus shuttle to us depending on your distance, travel preference, time, etc.

By Personal Car

Our address is 230 N 1680 E, Suite A. St George, UT 84790

By Air

St George Regional Airport offers 3 daily direct flights TO and FROM three major airlines hubs that can be of connection from your destination:

- Salt Lake City, UT (SLC airport code) with Delta airlines
- Denver, Co with United Airlines
- Phoenix, AZ American Airlines

Las Vegas (NV) International Airport which offers a wide variety of flight options.

- Harry Reid International Airport in Las Vegas, Nevada is 130 miles (approx. 2 hrs) south from St. George, UT, which offers a wide variety of flight options.
- From Las Vegas, you can rent a car or take a shuttle directly from the airport terminal 1 to St. George.

By Shuttle

Our 2 main shuttle companies from St. George:

- **St. George Shuttle:** It offers services to and from Las Vegas, Salt Lake, Northern Utah and to Zion.
- **Salt Lake Express:** It offers services to multiple states: AZ, CA, ID, MT, NV, UT, WA, and WY

WHERE TO STAY IN ST. GEORGE UTAH

St. George provides a wide variety of rental properties that can fit everyone's needs.

NOTE: The information provided below is for reference use only.
We can't guarantee your experience with any choice of accommodation.

Home Rentals

St. George offers multiple home rentals. You can check these two links to find a home that fits your needs:

- Airbnb
- Vrbo

Hotels

- St. George and its surroundings have more than 100 hotels to choose from, but these are the closest ones from Restore Bioclinic:
- Staybridge Suites (Patient's favorite): 4 miles away (Mention you are coming to Restore BioClinic to receive a special price.)
- Spring Hills by Marriott: 2 miles away
- The Adventure: 3 miles away

RV Parks:

If you are traveling with your RV, here are the popular places to check out:

- Souther Utah RV Resort
- Settlers Point RV Resort

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RESTAURANTS

Got dietary restrictions? We know of some nearby restaurants that our previous clients loved. Each of these restaurants caters to vegan-friendly, dairy-free, and gluten-free options.

Aubergine Kitchen

Aubergine Kitchen in St. George UT is a go-to restaurant for people looking for vegan dishes. They also have gluten-free and dairy-free options.

Twisted Noodle Cafe

Twisted Noodle is a restaurant that customers can visit and has food for everyone. Focusing on healthy concepts but also having some not so healthy food as well.

Viva Chicken

Viva Chicken serves up authentic Peruvian Rotisserie Chicken cooked over charcoal fire, just like you'd find on the streets of Peru. With a focus on fresh, flavorful dishes, our menu will tantalize your taste buds with unique recipes.

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FAQS

What should I pack for my trip?

Before coming to St. George for your treatment, bring the following:

- Comfortable clothes and shoes for your days at the clinic
- Prescribed Medication and supplements that you are currently taking

Things to leave at home:

- Cosmetics, perfumes, lotions, etc.
- Cigarettes, vapes, and other smoking paraphernalia
- Worries

Can I bring a companion?

- We highly suggest traveling with a family/friend, but it is not mandatory.
- If you are under the age of 18, your companion will be allowed to stay with you on day 1. After that, they are welcome to drop you off, pick you up and bring lunch or necessities. Unfortunately, they can't stay throughout the day at the clinic.
- If special accommodation needs to be made, we will do our best to ensure they are considered and met.

Other information:

- We highly suggest washing your clothes prior to coming to us with a clear and free detergent since some patients can be highly sensitive to chemicals.
- We also suggest washing your clothes with EC3, Borax, Oxycleand AND Free and Clean detergent if you know or suspect you live in a moldy home — ideally outside the mold environment.

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